

# Workshops & Activities

## Saturday — times to be announced

### Workshops

#### ***Barnabas Uplift: A Mission of Encouragement***

Barnabas Uplift is a non-profit organization supported by the ELCA in Iowa. Barnabas Uplift provides opportunities for communities to work with faith-based and non-faith-based organizations to provide relief for issues surrounding health care, job training, microenterprise development and financial sustainability. Congregations of the Western Iowa Synod have a unique opportunity to give time and space to provide encouragement to all members of their communities. Michelle Talbott is the Barnabas Uplift Coordinator for the Western Iowa Synod.

#### ***Liturgical Dance for Dummies***

Sandy Keane is a dance instructor and owner of Sandy Keane's School of Dance in Sioux City. She has years of experience in all areas of dance: lyric, jazz, tap, etc. Martha Krone, also from Sioux City, is a member at First Presbyterian Church whose daughter, Jackie, has studied with Sandy. Martha is not a professional dancer, but has been a part of liturgical dance ensembles which have presented their offerings in various churches in Sioux City. Both women are eager to introduce people to the world of liturgical dance and demonstrate how even a simple movement can add so much to a musical offering.

#### ***Media, Youth, and Ministry***

Receive information about various types of media, especially the Internet. See what youth are into and how to use that in ministry. See what resources are available online and where kids are hanging out on the Internet (MySpace, Facebook, YouTube). Talk about ways to inform parents and how to use such media forms in ministry. The Rev. Brian Palmer and LYO Council.

### Activities

#### ***Theological Book Exchange***

SHARE BOOKS: Bring books of a theological nature to donate to the assembly. Or buy books there for only \$1 each. Proceeds will be donated to the Western Iowa Synod's retired pastors' relief fund. Look for Pastor John Wolf buried under a pile of books to make your donation or purchase.

#### ***Cross Necklaces "Cross Connections"***

A bold way to share your faith. Visit the Cross Connection booth and for a small fee you can construct a necklace that you can keep for yourself or give to someone else. A great sign and conversation starter of your faith in Jesus Christ.

#### ***Kids Against Hunger***

Kids Against Hunger (a program of Outreach Africa Foundation and sponsored by the Western Iowa Synod ELCA Hunger Committee and Thrivent Financial for Lutherans) will provide opportunity for assembly-goers to assemble nutritional, dehydrated food packets that will be sent to those in need — domestically or globally. It is the hope of all three entities to raise awareness and concern for those who are hungry. It offers opportunity for assembly-goers to join synodical hunger efforts and/or to host a food-packaging event in their own congregations and communities.

#### ***Mosquito "Deet"-lete-o***

We are Cayla Egesdal and Lincoln Wells — two of the 21 youth headed to Tanzania this summer on a mission trip to our companion synod, the ELCT Southern Diocese of Tanzania. Malaria is one of the leading causes of death in Tanzania. The use of insecticide-treated mosquito nets can help people avoid malaria. These nets only cost about \$5 each, but most Tanzanians still do not have access to them. As part of our mission trip, we plan to raise funds to ensure mosquito nets for each potential student at our partner girls' school in Igumbilo (approximately 500) and hopefully more for our partner hospital in Ilembula. Some funding will come from a leadership grant we received from ELCA Evangelical Outreach and Congregational Mission. Please plan to stop and visit with us at the synod assembly and please plan to contribute to this very worthy effort. Asante sana (Thank you)!

#### ***Disability Resource Team: The Open Roof***

Experience what it would be like to have a disability. The men who opened the roof in Mark 2:3-4 were bold in gaining access for their friend. Help to enable people so all can experience God's amazing grace.

***Be sure to take a look at the list of available forums, too!***