



Western Iowa Synod
Evangelical Lutheran Church in America
God's work. Our hands.



SOUL COMPANIONS

SPIRITUAL RETREATS

A retreat is about taking time to be apart with God, a time of welcoming each other into a sacred space and to journey with others. A time of quiet, reflection, and conversation about life and our relationship with God. Each retreat is different because themes and groups may vary. Where individuals are in their lives also plays a part.

Our goal is to create a space for people to encounter God in new ways. The best way to experience a retreat is to go on one. We are hoping to offer various types of retreats when it is safe to do so and offer various lengths of retreats. Listen and see if God is calling you to step away and be renewed.

For more information on retreats, contact Rev. Trish Underberg at underbergtrish@gmail.com.